

SLO Newcomers General Meeting and Luncheon

Wednesday, October 5, 2022

Laguna Lakes Mobile Estates Clubhouse, 1801 Prefumo Canyon Road

Social Time: 11:00 a.m.
Announcements: 11:45 a.m.
Lunch: Noon
Program: 1:00 p.m.



Hema Dandekar -- Beyond Curry: Quick and Easy Indian Cooking

Hema Dandekar grew up in Maharashtra, India, eating delicious home cooked, vegetarian meals made by family members who were connoisseurs of food and knowledgeable about its preparation. When she first came to the U.S. as a high school exchange student in the 1960's, she improvised meals to introduce her host family to Indian food. This approach of experimentation and "making-do" with what one has at hand is encouraged in her book *Beyond Curry: Quick and Easy Indian Cooking*. In her non-culinary life, Dr. Dandekar, a licensed architect, is Professor of City and Regional Planning at Cal Poly, and former Chair of the City of San Luis Obispo Planning Commission.

Menu

Baguette sandwich, side salad and dessert. (Gluten free baguette available.)

Choice of one:

Spring Bird: Turkey, Roasted Red Peppers, Provolone, Pesto, Spinach

OR

Vegetarian Cali Caprese: Mozzarella, Heirloom Tomatoes, Basil, Orange Hummus, Olive Tapenade

And

Side Salad: Strawberry Spinach Salad: Strawberries, Baby Spinach, Red Onion, Pecans, Cotija, Balsamic Dressing (adjusted for vegan portions)

Dessert: Lemon Bars served with fresh whipped cream

Three percent of all 'Baguette About.it' proceeds go to the SLO Food Bank. In 2021, BaguetteAbout.it was able to provide 7,000 meals to people in need. To learn more about 'Baguette About.it' and Conny Liegl, visit: <https://baguetteabout.it/about-us/>

******* The cost of the luncheon is \$30. All reservations & payment must be received by Monday 9/26. Please indicate if you wish the vegetarian option. Guests are welcome – male or female.**

RESERVATION DETAILS - Checks and PayPal payment must be received by 9/26. Reservation deadlines apply to both online (PayPal) and check-paid reservations. **CHECKS must be received before the deadline to hold your lunch reservation.** Mail your **\$30** check to: SLO Newcomers Club, PO Box 4647, SLO, CA 93403-4647. To pay online for a reservation, control, click this link and pick correct month. <https://www.slonecomers.org/monthly-luncheons>

Directions: Turn on to Prefumo Canyon Rd from Los Osos Valley Rd. Turn left at Hedley Drive, the SECOND entrance for LLME. Go straight for 500 feet to the Clubhouse. Parking is limited so strongly suggest carpooling. We will have signs and people to help guide you to available parking. You may also park on Prefumo Canyon Rd. and walk to Clubhouse.